

Central Private School Cheerleading Informational Packet

2021-2022

MIDDLE SCHOOL

Coach Shore Fleury- Cheerleading Sponsor

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225-772-1322

Dear Prospective Cheerleaders and Parents,

Thank you for your interest in becoming a member of the Central Private School cheerleading program. Please read over this informational packet carefully, as it contains important information regarding tryouts as well as information for the upcoming season.

I take pride in the cheer program at Central Private School and all athletes and parents are expected to follow rules and agree to them before tryouts. Attendance is **MANDATORY** at the clinic and tryout date. Clinic days and tryouts will be **CLOSED** to family and friends. On Monday, March 15th, I am holding an **optional** pre-tryout clinic. I encourage all to attend. There, I will be discussing the score sheet, changes for the upcoming year, and also giving critiques and advice leading up to tryouts. Judges will be handpicked by the Head Coach, and the panel will be made up of experienced cheerleaders. Score sheets will **NOT** be given out at any point in time to anyone and all decisions are final. If a prospective cheerleader has questions regarding their placement or scores, please email me and I will be happy to discuss scoring and critiques at a later date.

It is an honor and privilege to become a Central Private Cheerleader, and your role on the squad should not be taken lightly. As a squad, we do much more than cheer at games. We take part in community service, pep rallies, fundraising and most importantly, we are role models and ambassadors of Central Private School. I look forward to meeting you all and I cannot wait for the cheer season to begin!

Sincerely,

Coach Shore Fleury

Please direct questions to CPS Cheer Sponsor via email or phone number listed above.

TRYOUT DATE:

Saturday, March 20th at 11:00AM

OPTIONAL PRE-TRYOUT CLINIC (\$10):

Monday, March 15th from 4:30PM-6:00PM

Fee must be turned in to Coach Shore **before** clinic begins.

MANDATORY TRYOUT CLINICS:

Girls must attend both clinics to be eligible to try out.

Wednesday, March 17th from 4:00PM-6:00PM

Thursday, March 18th from 4:00PM-6:00PM (Mock Tryout)

TRYOUT FEE:

\$20 (Judges Fee-**CASH ONLY**)- Must be turned in to Coach Shore on the first day of clinic.

FITTING APPOINTMENT WITH VARSITY:

Wednesday, March 24th at 6:00PM

If your daughter makes the squad and cannot be at this fitting, you must let me know by Sunday, March 21st.

CLINIC AND TRYOUT ATTIRE:

All girls must wear CP colors (red, gray & white) for both clinic and tryouts. You may not wear any item of clothing that indicates prior membership on a cheerleading squad. Please dress appropriately (no bare midribs, etc.). Sports bras and spandex under shorts must be worn. Jewelry and artificial nails are strictly prohibited. Hair should be in a ponytail with a ribbon for both clinic and tryout days. If you do not own cheer shoes, tennis shoes are required.

TRYOUT CRITERIA:

- Cheer
- Dance
- Toe Touch
- Optional Jump
- Tumbling (not mandatory, but will be scored)

Please complete and return this packet in by Monday, March 15th, to the front office or via email to Coach Shore.

CPS Cheerleader Responsibilities

GOALS AND PURPOSE:

Our goal is to represent Central Private School in a positive manner at all times on and off campus. Cheerleaders are held to high standards as they are to promote and uphold school spirit with pride. The attitude, dedication, and enthusiasm of the team are just as important as the skills involved. Central Private Cheerleaders are expected to work hard and build a culture that will respect the squad for their hard work and determination.

ELIGIBILITY:

You must be registered, with fees paid, for the 2021-2022 school year at CP, have a 2.0 midterm GPA, and be current on all financial obligations with the business office prior to tryouts. A physical should be done within the last year and on file. Attendance is required, unless approved, at all practices, games, camp, school events, and Central Christmas Parade.

- **GRADES**
 - Cheerleaders must maintain a 2.0 or higher, grade point average.
- **ATTENDANCE**
 - PRACTICE: Attendance at all practices are required. If you must miss a practice, Coach Shore must receive either an email or text from the cheerleader and/or parent as soon as you know that you will miss practice.
 - CPS EVENTS: Cheerleaders will cheer at assigned volleyball games, assigned basketball games or any other event deemed necessary by the sponsor and/or administration (i.e. pep rallies, Central Christmas Parade, fundraisers, etc.). There are no “free passes” for games.
 - **CAMP: Cheerleaders are required to attend UCA camp. Southeastern University: July 19, 2021- July 22, 2021**
- **UNIFORMS**
 - GAMEDAY UNIFORM: Cheerleaders will purchase a full uniform that is to be worn for games (unless otherwise specified). It should be clean for every game.
 - PRACTICE UNIFORM: Cheerleaders will be notified by their coach with the help from their captains each week regarding the practice uniforms needed for that week. If they are out of uniform, the whole team will condition.
 - NO jewelry or artificial nails is to be worn while in uniform. This is during practices, games and competition, unless stated otherwise by the coach.
- **CONDUCT**
 - BE ON TIME: If you are late for practice or an event without an excuse, you will receive a demerit, and you will have conditioning.
 - BE RESPECTFUL: Failure to show respect for your coach or teammates will result in a demerit. You must remember you are part of a team.

- **ESTIMATED COSTS**

While I cannot give an exact amount, I can give you an estimate that should be fairly close. I will be sending out individual Varsity Spirit orders with pricing and sizes for each girl. I MUST have each girls' signed contract to order. This will confirm financial commitment to the 2021-2022 Varsity CP Cheer Team.

Charges below are estimated.

UCA Camp: \$400.00
Cheer Uniform(s): \$400.00
Pom Poms: \$25.00
Cheer Shoes: \$120.00
Practice Shorts (3): \$75.00
Practice Shirts (3): \$60.00
Raincoat/Boots: \$50.00
Booksack: \$75.00

Due Dates for Fees:

April 14th: \$300.00

May 14th: \$300.00

May 31st: Remaining Balance

SUMMER WORKOUTS/SCHOOL YEAR PRACTICES:

Each cheerleader will receive a calendar each month stating practices, games, and events.

ALL practices leading up to camp are MANDATORY.

All practices will be closed to prevent distractions and avoid interruptions. Cheerleaders will be required to silence phones during practice. They will be allowed to check them during breaks. Practice times should be considered top priority. There is no time for play or private conversations during practice. Please do NOT schedule routine appointments during scheduled practice times. All practices are mandatory, unless excused by the coach. During the summer, vacations are allowed. However, vacation forms must be turned in by May 1st. Practice/event calendars for the summer will go out to all cheerleaders as soon as all vacation forms are received.

Cheerleaders must be present at school for four (4) hours to attend practice. Practice times may fluctuate to accommodate other sports. All cheerleaders will receive a calendar at the beginning of every month stating all practice times, games, and/or events. I will try my best to make a set practice schedule. Please refer to the demerit system for excused/unexcused absences.

Central Private Varsity Cheerleading Demerit System

A system of demerits will be used as form of discipline. Any team member receiving a total of 15 demerits for any reason will be dismissed from the squad. Each demerit acquired will result in conditioning. At 7 demerits, a parent will be notified, via email, of the situation and cheerleader will be benched for the next game. At 10 demerits, a parent will be notified, and the cheerleader will be put on Disciplinary Probation. At 15 demerits, the cheerleader will be dismissed from the team. Disciplinary Probation is a probationary period set forth by the coach due to an inappropriate conduct or rule infraction by a team member. During this probationary period, the team member is not allowed to take part in games/events.

CONDUCT AND APPEARANCE

- Wearing jewelry or artificial nails at games or practice (1)
- Chewing gum or eating at undesignated times (1)
- Incorrect uniform for a game/performance (3)
- Incorrect uniform for a practice (2)
- Display of physical affection in uniform (PDA) (1)
- Unsportsmanlike conduct (2)
- Using cell phone at practice/game without a coach's approval (2)
- Using inappropriate language (2)
- Inappropriate material posted on Social Media (3)
- Receiving a write up or suspension (3)
- Tardiness to practice or game (2)
- Excessive talking while cheering (2)
- Tardiness after half time (2)

ATTENDANCE

- Unexcused absence from practice (5)
- Unexcused absence from game (8)
- Excused absence from practice with a parent note (3)
- Excused absence from practice with a doctor's note (2)

Cheerleader Information Form

Cheerleader's Name: _____ Grade (rising): _____

Cheerleader's Primary Address: _____

Cheerleader's Phone Number (cell): _____

Cheerleader's Date of Birth: _____

Mother's Name:	Father's Name:
Mother's Cell:	Father's Cell:
Mother's Email Address:	Father's Email Address:
Mother's Address:	Father's Address:

I have read and understand all of the requirements and costs involved in becoming an CPS cheerleader. I have looked over the tentative calendar and I am aware of practice dates and possible competition dates. I also agree to attend all football games, volleyball games, and basketball games that I am assigned to, along with any other team events, and will provide my own transportation to all events for cheerleading.

Student Signature

Date

I have read and understand all the requirements and costs involved with my daughter being an CPS cheerleader. I also agree to provide my own transportation for my daughter to all events for cheerleading.

Parent Signature

Date