

**Central Private School Cheerleading Tryout Information Packet  
2021-2022**

Coach Shore Fleury- Cheer Sponsor

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Dear Prospective Cheerleaders and Parents,

Thank you for your interest in becoming a member of the Central Private School cheerleading program. Please read over this informational packet carefully, as it contains important information regarding tryouts as well as information for the upcoming season.

I take pride in the cheer program at Central Private School and all athletes and parents are expected to follow rules and agree to them before tryouts. Attendance is **MANDATORY** at the clinic and tryout date. Clinic days and tryouts will be **CLOSED** to family and friends. On Monday, March 15<sup>th</sup>, I am holding an **optional** pre-tryout clinic. I encourage all to attend. There, I will be discussing the score sheet, changes for the upcoming year, and also giving critiques and advice leading up to tryouts. Judges will be handpicked by the Head Coach, and the panel will be made up of experienced cheerleaders. Score sheets will **NOT** be given out at any point in time to anyone and all decisions are final. If a prospective cheerleader has questions regarding their placement or scores, please email me and I will be happy to discuss scoring and critiques at a later date.

It is an honor and privilege to become a Central Private Cheerleader, and your role on the squad should not be taken lightly. As a squad, we do much more than cheer at games. We take part in community service, pep rallies, fundraising and most importantly, we are role models and ambassadors of Central Private School. I look forward to meeting you all and I cannot wait for the cheer season to begin!

Sincerely,

Coach Shore Fleury

**Please direct questions to CPS Cheer Sponsor via email or phone number listed above.**

**TRYOUT DATE:**

**Saturday, March 20<sup>th</sup> at 11:00AM**

**OPTIONAL PRE-TRYOUT CLINIC (\$10):**

**Monday, March 15<sup>th</sup> from 4:30PM-6:00PM**

Fee must be turned in to Coach Shore **before** clinic begins.

**MANDATORY TRYOUT CLINICS:**

Girls must attend both clinics to be eligible to try out.

**Thursday, March 18<sup>th</sup> from 4:00PM-6:00PM**

**Friday, March 19<sup>th</sup> from 4:00PM-6:00PM (Mock Tryout)**

**TRYOUT FEE:**

\$20 (Judges Fee-**CASH ONLY**)- Must be turned in to Coach Shore on the first day of clinic.

**TEAM MEETING/FIRST PRACTICE:**

**Monday, March 22<sup>nd</sup> from 4:00PM-6:00PM**

**PARENT MEETING:**

At least one parent must attend.

**Wednesday, March 24<sup>th</sup> at 5:00PM**

**FITTING APPOINTMENT WITH VARSITY:**

**Wednesday, March 24<sup>th</sup> at 5:00PM**

If your daughter makes the squad and cannot be at this fitting, you must let me know by Sunday, March 21<sup>st</sup>.

**CLINIC AND TRYOUT ATTIRE:**

All girls must wear CP colors (red, gray & white) for both clinic and tryouts. You may not wear any item of clothing that indicates prior membership on a cheerleading squad. Please dress appropriately (no bare midriffs, etc.). Sports bras and spandex under shorts must be worn. Jewelry and artificial nails are strictly prohibited. Hair should be in a ponytail with a ribbon for both clinic and tryout days. If you do not own cheer shoes, tennis shoes are required.

**TRYOUT CRITERIA:**

- Cheer
- Chant
- Dance
- Toe Touch
- Optional Jump
- Tumbling (not mandatory, but will be scored)

**Please complete and return this packet in by Monday, March 15<sup>th</sup>, to the front office or via email to Coach Shore.**

**CPS Cheerleader Responsibilities**

**GOALS AND PURPOSE:**

Our goal is to represent Central Private School in a positive manner at all times on and off campus. Cheerleaders are held to high standards as they are to promote and uphold school spirit with pride. The attitude, dedication, and enthusiasm of the team are just as important as the skills involved. Central Private Cheerleaders are expected to work hard and build a culture that will respect the squad for their hard work and determination.

### **ELIGIBILITY:**

You must be registered, with fees paid, for the 2021-2022 school year at CP, have a 2.0 midterm GPA, and be current on all financial obligations with the business office prior to tryouts. A physical should be done within the last year and on file. Attendance is required, unless approved, at all practices, games, camp, school events, Homecoming Dance, and Central Christmas Parade.

- **GRADES**
  - Cheerleaders must maintain a 2.0 or higher, grade point average.
- **ATTENDANCE**
  - PRACTICE: Attendance at all practices are required. If you must miss a practice, Coach Shore must receive either an email or text from the cheerleader and/or parent as soon as you know that you will miss practice.
  - CPS EVENTS: Cheerleaders will cheer at all football games, assigned volleyball games, assigned basketball games or any other event deemed necessary by the varsity sponsor and/or administration (i.e. pep rallies, homecoming dance, Central Christmas Parade, fundraisers, etc.). There are no “free passes” for games.
  - **CAMP: Cheerleaders are required to attend UCA camp.**
    - **06/14/2021-06/17/2021- Crowne Plaza Baton Rouge**
  - COMPETITIONS (will be determined after camp): Cheerleaders will compete in the regional cheer competition in November (Hammond), the state competition in December (Kenner) and the national competition at Disney World in February.
  - SHOWOFFS: TBA. This gives a chance for the girls to perform in front of a crowd before competitions.
- **UNIFORMS**
  - COMPETITION/GAMEDAY UNIFORM: Cheerleaders will purchase a full uniform that is to be worn for games (unless otherwise specified). It should be clean for every game.
  - PRACTICE UNIFORM: Cheerleaders will be notified by their coach with the help from their captains each week regarding the practice uniforms needed for that week. If they are out of uniform, the whole team will condition.
  - NO jewelry or artificial nails is to be worn while in uniform. This is during practices, games and competition, unless stated otherwise by the coach.
- **CONDUCT**
  - BE ON TIME: If you are late for practice or an event without an excuse, you will receive a demerit, and you will have conditioning.
  - BE RESPECTFUL: Failure to show respect for your coach or teammates will result in a demerit. You must remember you are part of a team.
  
- **ESTIMATED COSTS**

While I cannot give an exact amount, I can give you an estimate that should be fairly close. I will be sending out individual Varsity Spirit orders with pricing and sizes for each girl. I MUST have each girls' signed contract to order. This will confirm financial commitment to the 2021-2022 Varsity CP Cheer Team.

**Charges below are estimated.**

UCA Camp: \$400.00  
Cheer Uniform(s): \$400.00  
Pom Poms: \$25.00  
Cheer Shoes: \$120.00  
Practice Shorts (3): \$75.00  
Practice Shirts (3): \$60.00  
Raincoat/Boots: \$50.00  
Booksack: \$75.00  
Warm Up Suit: \$120.00

**Due Dates for Fees:**

**April 14<sup>th</sup>: \$500.00**

**May 14<sup>th</sup>: \$500.00**

**May 31<sup>st</sup>: Remaining Balance**

**SUMMER WORKOUTS/SCHOOL YEAR PRACTICES:**

**Each cheerleader will receive a calendar each month stating practices, games, and events.**

If you make the 2021-2022 squad, you will receive your first calendar at the first team meeting/practice on March 22<sup>nd</sup>.

**ALL practices leading up to camp are MANDATORY.**

All practices will be closed to prevent distractions and avoid interruptions. Cheerleaders will be required to silence phones during practice. They will be allowed to check them during breaks. Practice times should be considered top priority. There is no time for play or private conversations during practice. Please do NOT schedule routine appointments during scheduled practice times. All practices are mandatory, unless excused by the coach. During the summer, vacations are allowed. However, vacation forms must be turned in by May 1<sup>st</sup>. Practice/event calendars for the summer will go out to all cheerleaders as soon as all vacation forms are received. **Vacation forms and summer practice calendars will be handed out at parent meeting, March 24<sup>th</sup>.**

Cheerleaders must be present at school for four (4) hours to attend practice. Practice times may fluctuate to accommodate other sports. All cheerleaders will receive a calendar at the beginning of every month stating all practice times, games, and/or events. I will try my best to make a set practice schedule. If varsity competes, additional practices will be held, and they will be mandatory. Please refer to the demerit system for excused/unexcused absences.

**Central Private Varsity Cheerleading Demerit System**

A system of demerits will be used as form of discipline. Any team member receiving a total of 15 demerits for any reason will be dismissed from the squad. Each demerit acquired will result in conditioning. At 7 demerits, a parent will be notified, via email, of the situation and cheerleader will be benched for the next game. At 10 demerits, a parent will be notified, and the cheerleader will be put on Disciplinary Probation. At 15 demerits, the cheerleader will be dismissed from the team. Disciplinary Probation is a probationary period set forth by the coach due to an inappropriate conduct or rule infraction by a team member. During this probationary period, the team member is not allowed to take part in games/events.

### **CONDUCT AND APPEARANCE**

- Wearing jewelry or artificial nails at games or practice (1)
- Chewing gum or eating at undesignated times (1)
- Incorrect uniform for a game/performance (3)
- Incorrect uniform for a practice (2)
- Display of physical affection in uniform (PDA) (1)
- Unsportsmanlike conduct (2)
- Using cell phone at practice/game without a coach's approval (2)
- Using inappropriate language (2)
- Inappropriate material posted on Social Media (3)
- Receiving a write up or suspension (3)
- Tardiness to practice or game (2)
- Excessive talking while cheering (2)
- Tardiness after half time (2)

### **ATTENDANCE**

- Unexcused absence from practice (5)
- Unexcused absence from game (8)
- Excused absence from practice with a parent note (3)
- Excused absence from practice with a doctor's note (2)

**CAPTAIN AND CO-CAPTAIN CRITERIA:**

Cheerleaders trying out for captain and co-captain must be a current sophomore or junior and have at least one (1) year of previous experience on the CP team. The decision will be made by team vote, interview questions, and tryout scores. As the coach, I will make the final decision and also have the ability to remove captain/co-captain at any time. Captains must have a good academic and disciplinary standing. They must also be totally objective and in command in practice and at games. They must enforce rules equally, be a strong leader for the team and inform the coach of any and all problems on the team.

**You DO NOT need to be the best tumbler, stunter, etc. on the team to receive this position. However, you need to be approachable, kind, hard-working and dependable. Be prepared to work hard for this program inside and outside of practice.**

**INTERVIEW QUESTIONS:**

**Name 3 qualities that you think a captain should have:**

- 1.
- 2.
- 3.

**As a captain, what is one thing that you would change from previous years to lead your team in a positive way?**

**If you are not chosen as captain or co-captain of your team, how will you maintain a leadership role and exhibit a positive attitude throughout the season?**

**Cheerleader Information Form**

Cheerleader's Name: \_\_\_\_\_ Grade (rising): \_\_\_\_\_

Cheerleader's Primary Address: \_\_\_\_\_

Cheerleader's Phone Number (cell): \_\_\_\_\_

Cheerleader's Date of Birth: \_\_\_\_\_

Mother's Name:	Father's Name:
Mother's Cell:	Father's Cell:
Mother's Email Address:	Father's Email Address:
Mother's Address:	Father's Address:

I have read and understand all of the requirements and costs involved in becoming an CPS cheerleader. I have looked over the tentative calendar and I am aware of practice dates and possible competition dates. I also agree to attend all football games, volleyball games, and basketball games that I am assigned to, along with any other team events, and will provide my own transportation to all events for cheerleading.

\_\_\_\_\_

Student Signature Date

I have read and understand all the requirements and costs involved with my daughter being an CPS cheerleader. I also agree to provide my own transportation for my daughter to all events for cheerleading.

\_\_\_\_\_

Parent Signature Date

## **Cheerleading Tryout JV/Varsity Selection Form**

This season for the CPS Cheerleading Program, it has been decided for high school to have two teams (Junior Varsity Squad and Varsity Squad). With this decision, this will eliminate having to cut girls from the tryout process. However, it is your choice on which team you would like to try out for. Please read the statements carefully below and sign to indicate whether you will be trying out for either teams or varsity only.

I have read and understand that I will be trying out for a chance to be placed on either the JV Squad or Varsity Squad.

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Student Signature Date

I have read and understand that I will **ONLY** be trying out for the Varsity Squad. I also understand that if I don't have the score to be on Varsity, I will not be on Junior Varsity, ultimately getting cut from the tryout process.

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Student Signature Date